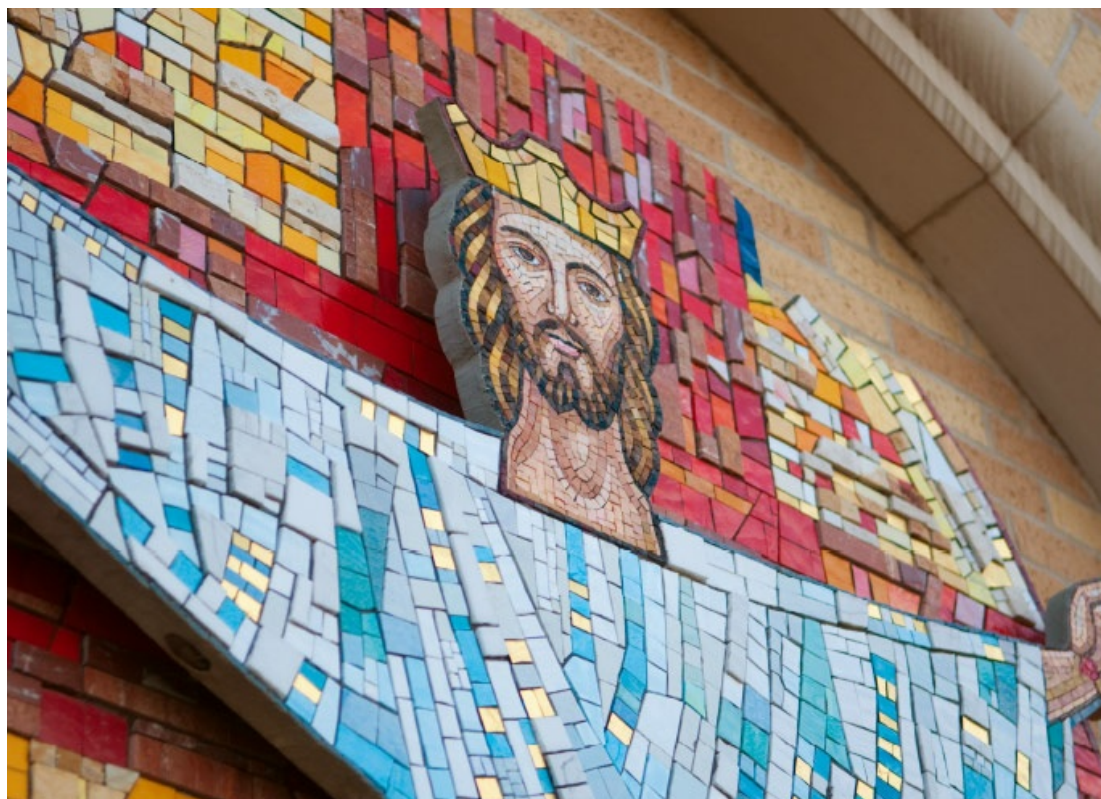


Christ the King Cathedral School



CHRIST THE KING  
DIOCESAN HIGH SCHOOL



[Facts](#)

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Click on each newsletter topic for more details. Each topic can also be found in the "NEWS" section of the school website: [ctkcathedralschool.org!](http://ctkcathedralschool.org)



## Family Prayers for Lent

*by Andy Alexander, SJ, Maureen McCann Waldron*

**One of the real challenges that we too often find in our busy lives is finding time to be together as a family. It is especially difficult to find opportunities**

**to pray together. Here are a few possibilities for praying as a family during Lent or at any other time of the year.**

### **Prayer before Meals**

Meals are a natural time to pray as a family. We can begin by simply saying, "Let's pray," or "Let's pause for a minute to give thanks." This can be a brief prayer. Brief prayer doesn't have to be without substance or power.

### **Praying at Other Times**

*In the Morning:* It can be quite transformative of our family bonds, in faith, to pause very briefly to pray together in the morning. This might be a spontaneous prayer, such as while we are lying in bed. When we are rushing around one another in the kitchen and grabbing breakfast, it can be wonderful to pause to pray and simply ask the Lord to be with each of us in what we are about to do.

*Other times:* Such as cleaning up or in preparation for guests coming for dinner or for an overnight slumber party. We might share the responsibility for designing the family prayer for special occasions: birthdays, anniversaries, the beginning and end of a school year, the beginning of a new endeavor.

### **Simple Rituals**

We can easily add gestures that bring powerful prayer to our family life. One of the simplest and most natural gestures is to trace a cross on a loved one's forehead.

### **Praying for One Another**

The most important part of family prayer is perhaps the easiest to overlook: how we hold one another up to the Lord. Even when we are not physically together as a praying family, we want to pray for one another.

May our Lord bless our praying, especially at home, in the community of our family, in these days of the coming Lenten season.

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## **Welcome to CTK Schools Monthly Newsletter, the First Friday Flash!**

Watch your email on the first Friday of each month for a quick overview of the activities and events at CTK Cathedral School and CTK Diocesan High School!

Remember that your student's principal emails weekly updates to all families, usually on Thursdays, but occasionally on Fridays. Please read these emails for the most up-to-date information at the school!

### ***Important Information:***

**Please note: an EXTRA NOON DISMISSAL DAY has been added to the calendar for NEXT FRIDAY, 2/12! Please pick up your students at noon on 2/12 to begin the 3-day weekend that includes a school holiday on Monday, 2/15. Classes will resume on Tuesday, 2/16/21.**

**Wednesday, 2/10 - Home & School's monthly CRAZY SOCK DAY (see details below on participating)**

2/15 - 2/28 - Spring Scholastic Book Fair - ONLINE! (see details on how to purchase online below)

Ash Wednesday - Wednesday, 2/17 - 2pm Early Dismissal- details including approved dress for this day are still being worked out - please read your principals' Thursday folder note next week for information

Wednesday, 2/24 - Home & School's Monthly Jeans Day (see details below on how to participate)

full calendar further down in newsletter

**Christ the King  
Catholic Schools Week**

**BID. SIP. WIN.**

**Online Auction**  
**January 31**  
**to February 6**

Grab your favorite drink,  
Sit back  
& Join us for

**FACEBOOK LIVE**  
Christ the King  
Cathedral School  
Page

**Auction Winner  
Announcements  
and  
BIG  
Raffle Drawing**

**February 6**  
**7:00 pm**

Dinner with Chef Antonio Piña  
Freezer with Meats  
Rifle  
Bird Hunt  
Wine of the Month  
Class Baskets and more...

<http://bit.ly/CTKBID>

### Big Raffle Drawing THIS Saturday, 2/6, at 7pm!

The Home & School Association's largest fundraiser of the school year, The BIG Raffle, will wrap up with the BIG DRAWING this Saturday, February 6, at 7pm! Families are invited to watch on the school's Facebook page (@ctkschoollubbock) while we...

[Read more](#)

[www.ctkcathedralschool.org](http://www.ctkcathedralschool.org)

**NHS & NJHS Induct New  
Members!**

**Congratulations to our newest  
National Honor Society and National**



Junior Honor Society members who were inducted last Friday afternoon!



Catholic Charities  
Diocese of Lubbock

*Providing Help, Creating Hope, Serving all People*

### **NHS/NJHS Catholic Charities Hygiene Drive**

"Do small things with great LOVE" The National Honor Society and the National Junior Honor Society are sponsoring a hygiene drive for the benefit of the homeless population served by the local Catholic Charities organization. Please consider...

[Read more](#)

[www.ctkcathedralschool.org](http://www.ctkcathedralschool.org)



### **Spring Scholastic ONLINE Book Fair Coming February 15-28!**

The Spring Scholastic Book Fair will be held online this year giving our school community as well as other school supporters the opportunity to shop virtually. The online fair will run from February 15 through February 28. We have a goal of...

[Read more](#)

[www.ctkcathedralschool.org](http://www.ctkcathedralschool.org)



## Jeans & Sock Days for February

February Crazy Sock Day and Jean Day are set! Those families who paid \$100 for the entire family to participate in Fun Days as part of the For.The.Love. Campaign will be included as well those who "pay as they go" at \$2.00 per student for each...

[Read more](#)

[www.ctkcathedralschool.org](http://www.ctkcathedralschool.org)

## LOW EFFORT FUNDRAISING OPPORTUNITIES!

These are easy ways that your day-to-day spending can also help CTKC School & CTK Diocesan High School!

## SCRIP Purchases Can Help With Your Buying Needs: Groceries, Take Out, and Gifting!



### Buy United/Market Street, Caprock Cafe/Orlando's &...

Now available: United/Market Street/Amigos/United Express and Orlando's gift cards! And, just added- Sonic Drive-In! You are encouraged to buy gift

cards for hundreds of major retailers to use for your own day-to-day purchases or give them as...

[Read more](#)

[www.ctkcathedralschool.org](http://www.ctkcathedralschool.org)



## Use AmazonSmile While Shopping Online!

Many people use Amazon for their shopping! Here's another way you can help the CTK Schools community with no additional cost to you! The AmazonSmile program is a website operated by Amazon that lets customers enjoy the same wide selection of...

[Click for More Info](#)

**Calendar Dates:** *dates/times are accurate at time of publication but are subject to change! Athletic events are very fluid this year, so watch for email communications from coaches for most up-to-date information!*

**Today -**  
Varsity  
Basketball @  
Abilene  
Christian  
School

**Tues. -** Varsity  
Basketball @  
Southcrest  
Christian  
School

**Wed. -** H&S  
Crazy Socks  
Day (details  
above)

**Fri., 2/12 -** PK-  
8th Mass at  
8:15am;  
Valentine's  
Parties for PK-  
8th grades;  
**NOON**

**DISMISSAL;**  
Varsity  
Basketball v.  
All Saints  
(HOME-  
SENIOR  
NIGHT)

**2/15 -**  
**SCHOOL**  
**HOLIDAY!**  
**2/15 - ONLINE**  
Scholastic  
Book Fair  
(details above)

**2/17 -** Ash  
Wednesday;  
2pm Early  
Dismissal

**2/20 -** Potential  
TAPPS Bi-  
District Playoff  
for Varsity  
Basketball

**2/24 -** H&S  
Jeans Day  
(details above)

**2/26-2/27 -**  
Virtual South  
Plains  
Regional  
Science &  
Engineering  
Fair (HS only)

**Looking**  
**ahead:**  
**3/3 -** SAT In-  
School Testing  
Day

**3/9 -** Picture  
Re-takes

**3/12 -** **NOON**  
**DISMISSAL**

**3/15 - 3/19 -**  
**SPRING**  
**BREAK**





## Volunteer Opportunities

Volunteer opportunities are currently extremely limited due to COVID restrictions. The school will announce opportunities as they become available and will be discussing options for the service hour requirement for the...

[Read more](#)

[www.ckcathedralschool.org](http://www.ckcathedralschool.org)

## CTK CAFÉ NEWS & DEADLINES!

The CTK Café is open daily throughout the school year except when we have noon dismissal. If you need a refresher on how to order lunches, click here for printable instructions:

[Read more](#)

[www.ckcathedralschool.org](http://www.ckcathedralschool.org)

## Christ the King Cathedral School & Christ the King Diocesan High School

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